

***Army Cadet Pamphlet 600-4**

Personnel - General

Basic Cadet Training Handbook

**Headquarters
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Personnel - General

Basic Cadet Training Handbook

FOR THE COMMANDER:

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History. This is an initial publication and replaces all previous versions of the recruit orientation guide and replaces all publications utilized for recruit training (RT).

Summary. This pamphlet updates information that is intended for the development of Recruit Orientation and Basic Cadet Training students.

Applicability. This pamphlet is intended as a reference for all Recruit Orientation and Basic Cadet Training students.

Proponent and Exception Authority. The proponent of this pamphlet is the Deputy Chief of Staff, G-3 (Training). The proponent has the authority to approve exceptions or waivers to this pamphlet that are consistent with controlling regulations. All waiver requests will be endorsed by the commander or senior leader of the requesting activity and forwarded through higher headquarters to the policy proponent.

Supplementation. Supplementation of this regulation and establishment of command and local forms are prohibited.

Suggested improvements. Users are invited to send comments and suggested improvements to the DCS, G-3.

Distribution. Distribution of this publication is available in electronic media only, and is located on the USAC Homepage at <http://www.armycadets.org>.

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MISSION, VISION AND GUIDING PRINCIPLES

Mission: *“To instill in young Americans, through a multi-faceted Cadet program which is physically and mentally challenging and rewarding, the importance of national pride, service to others, and maintaining a drug-free and gang-free lifestyle.”*

Vision: *“To be the premier Cadet program in the United States, noted for its dedication to youth, quality of training, and respect for the heritage and traditions of the United States Army.”*

Guiding Principles: To effectively accomplish our Mission and Vision, we subscribe to the following principles:

- *The development of the individual Cadet is the sole purpose of the U.S. Army Cadet Corps (USAC). No aspect of our organization is to take priority over our mission of developing America’s youth.*
- *We will endeavor to provide a program that is challenging, exciting and rewarding. We will encourage Cadets to test their physical, mental and emotional limits while ensuring a realistic, safe and wholesome training environment.*
- *The Officers’ Corps exists to serve the Cadets, providing young people the opportunity to learn leadership, self-confidence and patriotism. Cadets will be involved in as much of the day-to-day operation of the USAC, at all levels, as is reasonably possible. We are a training ground for tomorrow’s leaders, and accept that mistakes may be made in order to learn valuable lessons.*
- *Communication is essential to success. All members of the USAC – regardless of rank or assignment – are encouraged to communicate openly and honestly, within the parameters of good order and discipline.*
- *We are mindful that the dedicated volunteers of the USAC Officers’ Corps are charged with carrying out the program. We will respect their time and only place demands upon them which are essential to the safe and efficient operation of the program. We pride ourselves in being non-paid professionals who take volunteerism to a new dimension.*

Forward

The Basic Cadet Training (BCT) Handbook is a reference for Recruit Orientation (RO) and BCT. In it are many general subjects you must understand before you can develop advanced leadership and Cadet skills. The information in this handbook comes from Army field manuals, a combination of Army and USAC training circulars and regulations, as well as other sources. You will need to learn its many subjects to meet not only the challenges of RO and BCT, but to excel as a Cadet. So decide now to master it. Study it with a buddy if that helps you learn. Use it to review your training and to prepare for testing.

If you apply yourself and learn what this book has to teach you, you will stand out among your peers as a subject matter expert others will depend on for guidance and training. Start now, study hard, and be “ARMY STRONG!”

Unless stated otherwise, and references to “he”, “his”, or “him” are representative of both genders, and do not refer exclusively to men.

References to the American Cadet Alliance or ACA are meant to be the same as references to the U.S. Army Cadet Corps or USAC, except in the sections dealing specifically with USAC history.

A Note to Parents

You will find many subjects in this book that are taken directly from Army manuals. There are entire chapters on field skills, including combat tactics. It may seem odd to teach these things to young men and women who are years away from being old enough to determine they want to serve their nation as Soldiers. But, there is a long tradition of this type of training for young people here in the United States and around the world.

This training is included because it is a basic part of soldiering. The United States Army Cadet Corps is an *enlisted career exploration* program. That is: we try to give young men and women – your sons and daughters – an idea of what a Soldier learns and does. The USAC also works to promote the teamwork, selflessness and civic-mindedness that are some of the most basic qualities of American service members.

What we are *not* trying to do is to turn your son or daughter into a Soldier. That is far beyond our ability. Only the Army can create Soldiers; and only among those who decide that is their calling. Neither are we trying to recruit your children into military service. Our goal is to develop strong, independent, civic-minded young men and women, regardless of the path they choose as adults.

But, remember that most of the officers and instructors in the USAC have served or are serving in the U.S. Armed Forces. We all share a love of country, a devotion to service and an admiration for the Armed Forces that keep us free, and we will work to create the same attitudes and feelings in our Cadets.

How to Use This Publication

This table shows you which chapters of this book are used during Recruit Orientation and which are used during Basic Cadet Training. Chapters used during Basic Cadet Training will not be used at your unit during Recruit Orientation. You will only be responsible for the information in the first five chapters of this book for the Recruit Orientation end of course test.

Chapter	RO	BCT
1 – Key Information	X	X
2 – General Subjects	X	X
3 – USAC Values	X	X
4 – Standards of Conduct	X	X
5 – Basic Cadet Skills	X	X
6 – Basic Marksmanship and Safety		X
7 – The Army Cadet Martial Arts Program (TACMAP)		X
8 – Basic Field Skills		X
Appendix A – Cadet Promotion Requirements	X	X
Appendix B – USAC Awards Chart	X	X
Appendix C – Cadet Code of Discipline	X	X
Glossary	X	X

This book has materials for several Recruit Orientation modules. These modules are organized into the Recruit Orientation Program of Instruction (POI). The Recruit Orientation POI is supported by a Recruit Orientation Training Support Package (TSP); an instructor’s guide for the POI. The TSP includes lesson plans for each module, listed below.

Recruit Orientation Outline

The next two lists show the subjects you will learn during Recruit Orientation. The first list is organized by course category, the second is organized by RO phase. Each Phase takes one drill weekend for weekend drilling units, or one month of drills for units drilling on a weeknight or weekend day. Remember: you must attend and complete the three phases of RO without missing any drills in order to complete RO with your entry class.

Schedule #1 – RO Courses by Course Category

Administration, Inspections and Testing

Module AD-1	Welcome/Course Expectations	0.5 hour
Module AD-2	Personnel Inspection I	0.5 hour
Module AD-3	Personnel Inspection II	0.5 hour
Module AD-4	Final Examination	1.5 hours
Module AD-5	Swearing-in Ceremony	1.0 hour
		4.0 hours

Military Science

Module MS-1	History and Organization of the U.S. Army Cadet Corps	1.0 hour
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Module MS-2	Mission of the Armed Forces	0.5 hour
Module MS-3	Chain of Command	0.5 hour
Module MS-4	Rank Identification	1.0 hour
Module MS-5	Introduction to Guard Duty	1.0 hour
Module MS-6	Wear and Care of the Uniform I	1.0 hour
Module MS-7	Wear and Care of the Uniform II	1.0 hour
Module MS-8	Military Customs and Courtesies I	1.0 hour
Module MS-9	Military Customs and Courtesies II	1.0 hour
Module MS-10	Military Terminology	0.5 hour
		8.5 hours

Drill and Ceremony

Module DC-1	Drill and Ceremony I	1.0 hour
Module DC-2	Drill and Ceremony II	1.0 hour
Module DC-3	Drill and Ceremony III	1.0 hour
Module DC-4	Drill and Ceremony IV	1.0 hour
Module DC-5	Drill and Ceremony V	1.0 hour
Module DC-6	Drill and Ceremony VI	1.0 hour
Module DC-7	Drill and Ceremony VII	1.0 hour
Module DC-8	Drill and Ceremony VIII	1.0 hour
Module DC-9	Drill and Ceremony IX	1.0 hour
		9.0 hours

Personal Development

Module PD-1	Introduction to Drug Demand Reduction	1.0 hour
Module PD-2	Awards and Recognition	0.5 hour
Module PD-3	USAC Cadet Training Program	1.0 hour
Module PD-4	Core Values	1.0 hour
Module PD-5	Cadet Code of Discipline	1.0 hour
		4.5 hours

Physical Fitness

Module PT-1	Physical Training I (Diagnostic PFT)	2.0 hours
Module PT-2	Physical Training II	1.0 hour
Module PT-3	Physical Fitness Test I	2.0 hours
Module PT-4	Physical Training III	1.0 hour
Module PT-5	Physical Training IV	1.0 hour
Module PT-6	Physical Fitness Test II	2.0 hours
		9.0 hours

Course Duration

35 hours

Optional Activities (When Staying In Barracks)

Module OP-1	Barracks Life I	1.0 hour
Module OP-2	Barracks Life II	1.0 hour
Module OP-3	Barracks Life III	1.0 hour
		3.0 hours

Schedule #2 – RO Courses by RO Phase

Phase I

Module AD-1	Welcome/Course Expectations	0.5 hour
Module MS-1	History and Organization of the U.S. Army Cadet Corps	1.0 hour
Module MS-8	Military Customs and Courtesies I	1.0 hour
Module MS-10	Military Terminology	0.5 hour
Module DC-1	Drill and Ceremony I	1.0 hour
Module DC-2	Drill and Ceremony II	1.0 hour
Module DC-3	Drill and Ceremony III	1.0 hour
Module PT-1	Physical Training I (Diagnostic PFT)	2.0 hours
Module PT-2	Physical Training II	1.0 hour
Module OP-1	Barracks Life I (see note above)	1.0 hour
	Total Phase I	9-10 hours

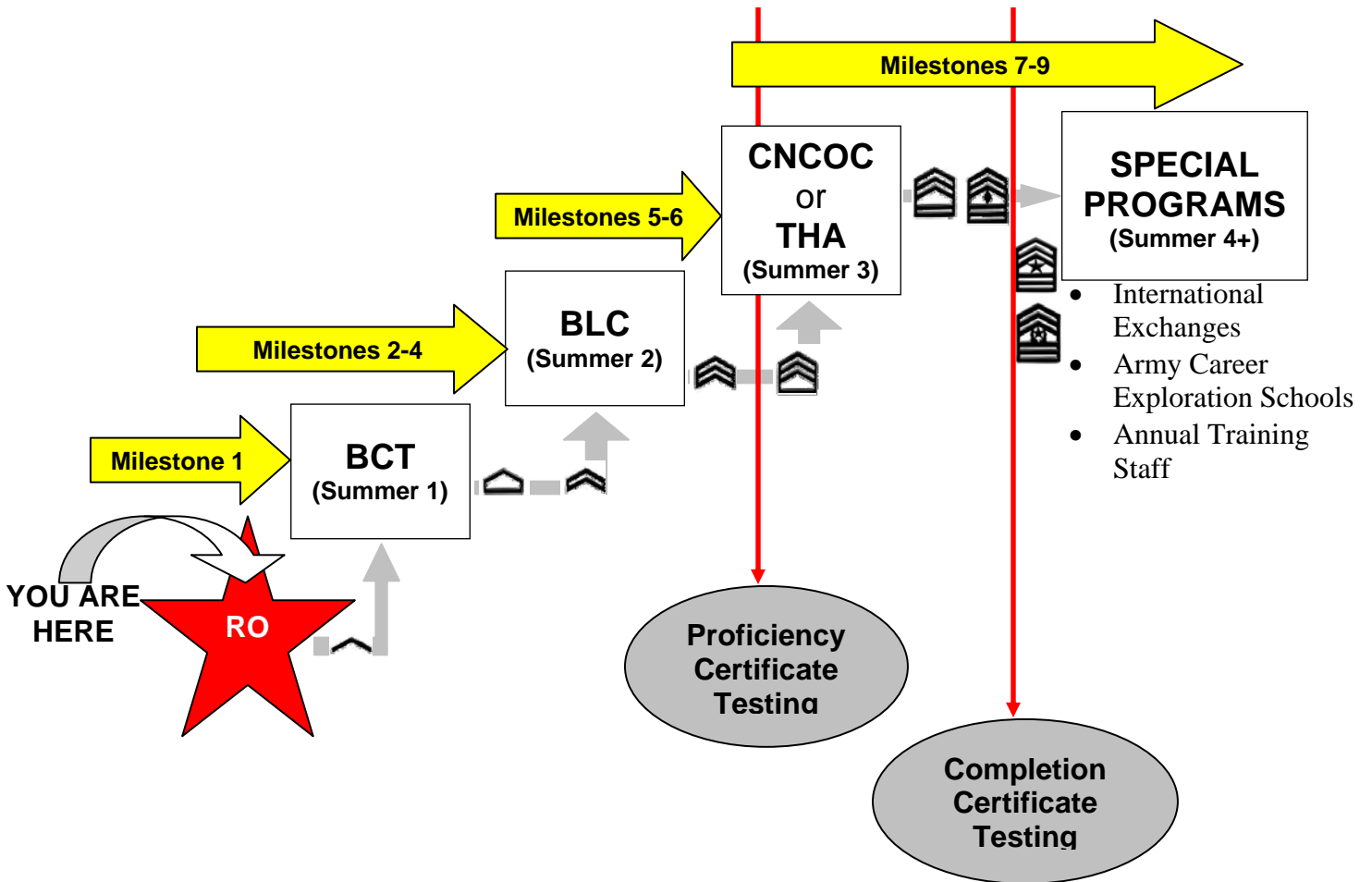
Phase II

Module MS-2	Mission of the Armed Forces	0.5 hour
Module MS-3	Chain of Command	0.5 hour
Module MS-4	Rank Identification	1.0 hour
Module MS-5	Introduction to Guard Duty	1.0 hour
Module MS-6	Wear and Care of the Uniform I	1.0 hour
Module AD-2	Personnel Inspection I	0.5 hour
Module MS-9	Military Customs and Courtesies II	1.0 hour
Module DC-4	Drill and Ceremony IV	1.0 hour
Module DC-5	Drill and Ceremony V	1.0 hour
Module DC-6	Drill and Ceremony VI	1.0 hour
Module PT-3	Physical Fitness/Readiness Test I	2.0 hours
Module PT-4	Physical Training III	1.0 hour
Module PD-4	Core Values	1.0 hour
Module PD-5	Cadet Code of Discipline	1.0 hour
Module OP-2	Barracks Life II (see note above)	1.0 hour
	Total Phase II	13.5-14.5 hours

Phase III

Module AD-3	Personnel Inspection II	0.5 hour
Module AD-4	Final Examination	1.5 hours
Module AD-5	Swearing-in Ceremony	1.0 hour
Module MS-7	Wear and Care of the Uniform II	1.0 hour
Module DC-7	Drill and Ceremony VII	1.0 hour
Module DC-8	Drill and Ceremony IIX	1.0 hour
Module DC-9	Drill and Ceremony IX	1.0 hour
Module PD-1	Introduction to Drug Demand Reduction	1.0 hour
Module PD-2	Awards and Recognition	0.5 hour
Module PD-3	USAC Cadet Training Program	1.0 hour
Module PT-5	Physical Training IV	1.0 hour
Module PT-6	Physical Fitness/Readiness Test II	2.0 hours
Module OP-3	Barracks Life III (see note above)	1.0 hour
	Total Phase III	12.5-13.5 hours

The U.S. Army Cadet Corps Training Program



Welcome and What to Expect

Congratulations on deciding to become a Cadet in the United States Army Cadet Corps! You are joining thousands of young men and women who have earned the title “Cadet.”

The U.S. Army Cadet Corps (USAC) was founded in 1909 as Colonel Cody's Boy Scouts. It is the oldest and longest-serving Cadet organization in the United States. Choosing to join the USAC shows you are dedicated to growing as a person. As a member of the Corps of Cadets, you will wear the uniform of the United States Army, and you will follow the traditions, standards, customs, and courtesies of our Armed Forces.



The months ahead will be challenging, educational and rewarding. Not everyone who starts with you will be sworn in as a Cadet. Recruit Orientation is just the beginning! You have much ahead of you, including summer training, monthly drills, and special training events where you will learn and practice field skills, learn more about the Army, develop leadership skills (and put them to use!), and experience a variety of high-adventure activities.

Your summer training will begin this summer with two weeks of Basic Cadet Training (“Boot Camp”). BCT focuses on basic Cadet skills like uniforms, drill, customs and courtesies and barracks life. Next summer you will attend the Basic Leader Course (BLC). BLC is about field skills, basic leadership skills and hands-on training in different Army careers.

Stay focused, work hard, and learn to work with your teammates as you go through Recruit Orientation. In a few months, you too will become a member of the best Cadet Corps in the country... the United States Army Cadet Corps!

What You Will Learn in Recruit Orientation

This handbook will give you information you need for Recruit Orientation and BCT. If you study this manual and train hard, you will succeed! Remember the uniform that you wear carries a very long and proud tradition of service to our country. In our program, wearing that uniform requires some sweat! Recruit Orientation is designed to teach you the basic requirements of earning the title Cadet. The forty hours of Recruit Orientation will give you a taste of what this summer’s two-week Basic Cadet Training will be like. You will be challenged to your limits, and accomplish things that you may never have thought possible. We expect you to give your best effort at all times.

Training Standards for Recruit Orientation

While in Recruit Orientation, you may not miss any part of the training program. If you are a single minute late, you will be recycled to the next Recruit Orientation cycle and will not be sworn in with your platoon. There very few exceptions to this policy. After completing Recruit Orientation, you must attend 90% of drills to be eligible for the USAC

Good Conduct Medal. If you attend less than 75% of your drills, you may be discharged from the Corps.

A “drill” is a period of four hours or more where full unit participation is scheduled for training. Unit field trips, parades, or other civic or military events, and state or regional training evolutions or competitions, may count as a drill. If you miss a drill after completing Recruit Orientation, your commander may allow you to make it up. A make-up drill is four hours or more of work at an on-base facility, an Armed Forces Recruiting Station, or other types of activities that are civic or military in nature.

Recruit Orientation Uniforms

You will wear a standard Recruit Orientation uniform until you have completed Recruit Orientation. This uniform should be worn proudly and correctly at all times. Like any other military uniform, it represents the sacrifices and hard work of all those who have come before you – both in the USAC and the Armed Forces of the United States. It is *very* important that you report to each drill in the correct uniform for your phase of Recruit Orientation. The table below shows the correct uniform for each phase of Recruit Orientation.

	UNIT ISSUE ^b	RECRUIT-SUPPLIED
PHASE I ^a	<ul style="list-style-type: none"> Basic Cadet Training Handbook binder Pistol belt and canteen or hydration system (temporary issue – when appropriate) 	<ul style="list-style-type: none"> Grey sweatshirt (winter)/ White t-shirt (summer) Clean and neat blue jeans Tennis shoes Civilian outerwear appropriate to weather conditions
PHASE II ^a	<ul style="list-style-type: none"> Pistol belt and canteen (as above) USAC Physical Fitness Uniform 	<ul style="list-style-type: none"> Clean and neat blue jeans Tennis shoes Civilian outerwear appropriate to weather conditions
PHASE III ^a	<ul style="list-style-type: none"> Army Combat Uniform (ACU) Coat, Trousers, and Cap Tan rigger belt Pistol belt and canteen (as above) 	<ul style="list-style-type: none"> Tan Army combat boots Tan T-shirts Nametapes Field jacket (as needed)

Notes: a. Phase I uniform issue takes place upon enrollment; Phase II and III uniform issue takes place immediately prior to Phase II and Phase III drills.

b. Units may provide a full uniform issue upon enrollment to new recruits; however, recruits will only wear the uniforms listed above during Recruit Orientation

Leadership During Recruit Orientation

Your leadership during Recruit Orientation will be senior Cadets who are handpicked as Platoon Sergeants. Typically, they have been Cadets for at least two years, and have a great deal of experience. Pay attention to their leadership, and you may some day have the chance to train new recruits.